

SYCAMORE

Sycamore Lent Course: WHAT NEXT?

We hope you have enjoyed taking part in this Sycamore course. Here are some ideas about how you can continue exploring your faith when the course has finished.

CONNECT WITH YOUR PARISH OR CHAPLAINCY

Your Sycamore course has probably been organised by your local parish or chaplaincy. Take some time to see what other events or courses are coming up. If you are not a regular member of the congregation, find out the times of the regular services from the parish website or Facebook page. You will be very welcome to attend. Don't be shy about getting in touch with the parish and introducing yourself.

Above all, do reach out to those who organised and led your Sycamore course: they can help you get to know the parish community and support you in your journey of faith.

JOIN ANOTHER SYCAMORE COURSE

Many parishes and chaplaincies will be running another Sycamore course over the next few weeks or months – hopefully a different course with new films and a new focus, so you won't just be repeating things. Ask your Sycamore leaders if this is happening in your parish, and find out more about how you can sign up. And if this isn't happening, why not encourage your Sycamore leaders to think about organising a follow-up course. You could even offer to help and maybe be part of the team. The full range of Sycamore courses can be found online here: www.sycamore.fm/pathways/pathways

EXPLORE THE CHRISTIAN FAITH ONLINE

There are so many amazing resources online if you want to continue exploring the Christian faith – videos, podcasts, articles, and much more. [Visit our "Exploring Faith" page](#) to see a list of the sites that we recommend, with up to date links. Recommended sites include: Catholic Answers, Ascension, Tweeting with God, Word on Fire, and much more: www.sycamore.fm/exploring-faith

SYCAMORE SHORTS

Visit the [Sycamore Seek YouTube Channel](#) for 60 short videos about the Catholic faith, based on the longer videos that are used in the Sycamore course. Brief introductions by Fr Stephen Wang to a whole range of topics arranged in a series of playlists: Does God Exist, the Search for Happiness, Who is Jesus Christ, the Holy Spirit and the Church, the Sacraments, Putting Faith into Practice: www.youtube.com/c/SycamoreSeek

PLEASE SUPPORT THE WORK OF SYCAMORE

If you have enjoyed taking part in this Sycamore course, please consider supporting our work by making a donation to the Sycamore charity – so that many others can experience what you have experienced. We hope to keep our resources completely free to use, so that everyone can benefit from the programme, and no-one is excluded. We can only do this with your help. A regular monthly donation is especially helpful because it allows us to build on the work that has been done by the charity and sustain it into the future.

Please [DONATE NOW](#) by visiting our Donation Page: www.sycamore.fm/donate

KEEP IN TOUCH

Please [sign up here](#) to receive our newsletter by email: www.sycamore.fm/newsletter and visit our [Facebook](#) and [Instagram](#) pages: @SycamoreSeek.

Group leaders are encouraged to [register their groups via the same sign-up form](#) to receive for additional support and resources. And do contact us via the link here: www.sycamore.fm/contact